

## Psychosocial History Self-Report Form

Name: \_\_\_\_\_  
D.O.B.: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Marital Status: \_\_\_\_\_

### CURRENT LIVING SITUATION:

Lives:  Alone  with others/who \_\_\_\_\_

Rent or own? \_\_\_\_\_ Type of home: \_\_\_\_\_

### CHILDHOOD AND FAMILY HISTORY

Birthplace/where raised \_\_\_\_\_

Birth Order: \_\_\_\_\_

Family of Origin: \_\_\_\_\_ Number of Brothers: \_\_\_\_\_ Number of Sisters: \_\_\_\_\_

| Family Members | Name/Age | Marital Status | Check if Deceased |
|----------------|----------|----------------|-------------------|
| Father         |          |                |                   |
| Stepfather     |          |                |                   |
| Mother         |          |                |                   |
| Stepmother     |          |                |                   |
| Siblings       |          |                |                   |
|                |          |                |                   |
|                |          |                |                   |
|                |          |                |                   |

Additional Significant Information Regarding Parents and/or Siblings: \_\_\_\_\_

Nature of Current Relationship with Family Members: \_\_\_\_\_

### Special Care Situation of Childhood: (check all that apply)

Adoption: Age \_\_\_\_\_

Foster Care: Age and Duration: \_\_\_\_\_

Institutional Care: Age and Duration: \_\_\_\_\_

Resided with Relatives: Age and Duration: \_\_\_\_\_

Other Significant Information and Comments Regarding Special Care Situations of Childhood: \_\_\_\_\_

### Significant Childhood Stressors: (check all that apply)

Death of Parent: Client Age \_\_\_\_\_  Death of Sibling: Client Age \_\_\_\_\_

Divorce: Client Age: \_\_\_\_\_  Physical/Sexual Abuse: Client Age: \_\_\_\_\_

Domestic Physical Violence

\_\_\_ Family Alcoholism/Drug Abuse/Dependency: \_\_\_ One Parent \_\_\_ Both Parents  
 \_\_\_ Other Childhood Trauma: (specify) \_\_\_\_\_

**MARITAL AND/OR COHABITATION STATUS AND HISTORY (if applicable)**

Marital Status: \_\_\_\_\_ Age First Married: \_\_\_\_\_  
 Marital History: (starting with current relationship)

| Name | Length of Marriage/<br>Relationship | Children in this<br>Marriage/Relationship<br>(First Names and Ages) | Identify Problems<br>in this Marriage/<br>Relationship (e.g.<br>financial, social, sexual,<br>etc.) |
|------|-------------------------------------|---|---|
|      |                                     |   |   |
|      |                                     |   |   |
|      |                                     |   |   |

Other Information and Comments Regarding marital and/or Cohabitation Status and History: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**EDUCATIONAL HISTORY**

Number of School Years Completed: \_\_\_\_\_ Diploma/Degree/Certification: \_\_\_\_\_  
 Estimate of Academic Performance: \_\_\_ Below Average \_\_\_ Average  
 \_\_\_ Above Average  
 Exceptional Educational Services Received, Grades Repeated, Number of time Expelled,  
 and other Significant Information: \_\_\_\_\_  
 \_\_\_\_\_

**EMPLOYMENT HISTORY**

Present Status: \_\_\_ Employed How Long? \_\_\_\_\_  
 \_\_\_ Unemployed How Long? \_\_\_\_\_  
 Current Occupation: \_\_\_\_\_  
 Other Significant Information and Comments Regarding Employment History and  
 Current Employment: \_\_\_\_\_  
 \_\_\_\_\_

**MILITARY HISTORY (If Applicable)**

Length of Time Served \_\_\_\_\_ Type of Discharge \_\_\_\_\_  
 Branch of Service: \_\_\_\_\_

**MENTAL HEALTH/ALCOHOL AND DRUG TREATMENT HISTORY**

Received Psychiatric, Psychological, A&D or Related Services in the Past?  If yes, describe, type, length, and outcome:

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**MEDICAL INFORMATION AND HISTORY**

Name of Physician: \_\_\_\_\_ Location of Office: \_\_\_\_\_  
Last Physical: \_\_\_\_\_ Current Medical Problems Being Treated: \_\_\_\_\_

Current Medications, Including Dosage: \_\_\_\_\_

Significant Prior Medical Problems: (e.g. Operations, Accidents, Serious Illness) \_\_\_\_\_

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**ALCOHOL AND DRUG USE HISTORY**

Current Use of Alcohol and/or Nonprescription Drugs:  No  Yes

Alcoholic Beverage Usage: Kind(s) \_\_\_\_\_  
Amount and Frequency \_\_\_\_\_

Chemical/Drug Usage: Kind(s) \_\_\_\_\_  
Amount and Frequency \_\_\_\_\_

Past problems with drugs or alcohol? \_\_\_\_\_

Client and/or Others Has/Have Been Concerned Regarding Degree of Alcohol and/or Chemical/Drug Usage:

No  Yes Explain: \_\_\_\_\_

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**RELIGION/SPIRITUALITY**

Current religion: \_\_\_\_\_

Current Religious Involvement: (check most appropriate)  
 High  Moderate  Minimal  None

Other Significant Information and Comments Regarding Religion or Spirituality and its significance:

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**LEGAL STATUS AND HISTORY**

Has client ever been arrested? \_\_\_ Yes \_\_\_ No      Why? \_\_\_\_\_

Other Significant Information and Comments Regarding Legal Status and History:

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**SOCIAL/RECREATIONAL GROUP**

Significant Information and Comments Regarding Close friendships, Social Activities, Group Memberships, Interests, and/or Level of Participation: \_\_\_\_\_

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**Self-Harm/Suicidal Thoughts and/or History**

Describe any history of significant thoughts or actions about hurting self or others as well as anyone close to you who has such a history: \_\_\_\_\_

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**Additional RELEVANT INFORMATION: (if applicable)**

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\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date